

PRODUCT		TESTING LABORATORY	
Ashwagandha+		Ethos Analytics	
Powder		Independent analytical laboratory	
Item no.	822	Report no.	26EA0128-019
Lot / Batch	ASH260121	Received	January 30, 2026
Best by	January 2029	Completed	February 6, 2026
Form	Powder	Accreditation	ISO/IEC 17025:2017

BOTANICAL IDENTITY Complete	HEAVY METALS Pass	MICROBIOLOGY Pass
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BOTANICAL IDENTIFICATION PER USP <2250>

ANALYTE	METHOD	RESULT	SPECIFICATION	STATUS
Ashwagandha ID	HPLC Fingerprinting Profile	Confirmed - Test sample has characteristics of the standard	ID (Presence)	Confirmed

HEAVY METALS

ANALYTE	RESULT	LIMIT	STATUS
Arsenic	0.075 ppm	15 mcg/day	Pass
Cadmium	0.058 ppm	5 mcg/day	Pass
Lead	0.124 ppm	5 mcg/day	Pass
Mercury	< LOQ	15 mcg/day	Pass

Method ICP-MS per USP <233>. LOQ 0.010 ppm, LOD 0.005 ppm. Tested February 2, 2026.

MICROBIOLOGY

ORGANISM	RESULT	LIMIT	STATUS
Total Aerobic Plate	< 500 CFU/g	< 100,000 CFU/g	Pass
Coliform	< 20 CFU/g	< 100 CFU/g	Pass
Yeast	< 20 CFU/g	< 1,000 CFU/g	Pass
Mold	< 20 CFU/g	< 1,000 CFU/g	Pass
Escherichia Coli	Negative/10g	Negative/10g	Pass
Salmonella	Negative/10g	Negative/10g	Pass
Staphylococcus Aureus	Negative/10g	Negative/10g	Pass



Source of results. Every value on this page is transcribed without change from the laboratory report issued by Ethos Analytics for lot ASH260121, report 26EA0128-019, dated February 6, 2026. Cura My Health has restated those results in this format for readability and has added nothing to them.

Scope. These results apply only to the lot identified above. Testing was performed by an independent laboratory operating under ISO/IEC 17025:2017. A copy of the laboratory's original report for this lot is available on request from info@curamyhealth.com.

Cura My Health

 Hofer LLC dba Cura My Health · curamyhealth.com · Issued September 9, 2026