

PRODUCT		TESTING LABORATORY	
B-12 Complex+ Powder		Ethos Analytics Independent analytical laboratory	
Item no.	855	Report no.	26EA0811-024
Lot / Batch	BCX260803	Received	August 12, 2026
Form	Powder	Completed	August 20, 2026
Serving size	1106.34mg	Accreditation	ISO/IEC 17025:2017

LABEL POTENCY Complete	HEAVY METALS Pass	MICROBIOLOGY Pass
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LABEL CLAIM PROFILE

ANALYTE	METHOD	RESULT	SPECIFICATION
Vitamin C (Ascorbic Acid)	HPLC	170.22 mg/serving	150 mg/serving
Vitamin B1 (Thiamine Mononitrate)	HPLC	112.09 mg/serving	100 mg/serving
Vitamin B2 (Riboflavin)	HPLC	103.27 mg/serving	100 mg/serving
Niacin (Niacinamide)	HPLC	22.34 mg/serving	20 mg/serving
Vitamin B6 (Pyridoxine HCl)	HPLC	34.49 mg/serving	30 mg/serving
Vitamin B9 (Folate)	HPLC	1279.42 mcg DFE/serving	1190 mcg DFE/serving
Vitamin B12 (Cyanocobalamin)	HPLC	2.33 mg/serving	2 mg/serving
Biotin	HPLC	1.12 mg/serving	1 mg/serving
Vitamin B5 (Calcium Pantothenate)	HPLC	114.26 mg/serving	100 mg/serving
Choline	HPLC	101.96 mg/serving	100 mg/serving
Inositol	HPLC	163.72 mg/serving	150 mg/serving

HEAVY METALS

ANALYTE	RESULT	LIMIT	STATUS
Arsenic	< LOQ	15 mcg/day	Pass
Cadmium	< LOQ	5 mcg/day	Pass
Lead	< LOQ	5 mcg/day	Pass
Mercury	< LOQ	15 mcg/day	Pass

Method ICP-MS per USP <233>. LOQ 0.010 ppm, LOD 0.005 ppm. Tested August 15, 2026.

MICROBIOLOGY

ORGANISM	RESULT	LIMIT	STATUS
Total Aerobic Plate	< 20 CFU/g	< 100,000 CFU/g	Pass
Coliform	< 20 CFU/g	< 100 CFU/g	Pass
Enterobacteriaceae	< 20 CFU/g	< 100 CFU/g	Pass
Yeast and Mold	< 20 CFU/g	< 1,000 CFU/g	Pass
Escherichia Coli	Negative/10g	Negative/10g	Pass
Salmonella	Negative/10g	Negative/10g	Pass
Staphylococcus Aureus	Negative/10g	Negative/10g	Pass



Source of results. Every value on this page is transcribed without change from the laboratory report issued by Ethos Analytics for lot BCX260803, report 26EA0811-024, dated August 20, 2026. Cura My Health has restated those results in this format for readability and has added nothing to them.

Scope. These results apply only to the lot identified above. Testing was performed by an independent laboratory operating under ISO/IEC 17025:2017. A copy of the laboratory's original report for this lot is available on request from info@curamyhealth.com.

Cura My Health

Hofer LLC dba Cura My Health · curamyhealth.com · Issued September 9, 2026